

NEL Suicide Prevention Multi-Agency Training 24/25

North East London Public and not for profit sector workforce can access funded training programme to support local mental health and suicide prevention strategy.

Courses are limited and places are available on first come basis and subject to availability. The programme is supported by North East London Health and Care partnership, and the NEL Training Hub

Applied Suicide Intervention Skills Training (ASIST)

(In person delivery)

ASIST training is an intensive 2 day face to face only course for care-givers and key community members. It teaches suicide alertness and an easy to remember framework of practical skills to safely initiate, complete and follow-up on a full suicide intervention. We identify ASIST as the 'Gold' standard suicide prevention training available

Demystifying Self Harm

(Virtually Delivered)

This half day course will allow the space for participants to have open conversations about self-harm, including unpacking our own feelings and attitudes around self-harm (including thinking about our own faith, beliefs, life experience) and acknowledge them so that we are informed of how they may present and impact the support we provide.

safeTALK Suicide Awareness

(In person delivery)

safeTALK is a face to face only half-day (3.5 hours) training course that can help you make a difference. Know what to do if someone's suicidal by following the easy to remember TALK steps – Tell, Ask, Listen and Keep-safe. These practical steps offer immediate help to someone having thoughts of suicide and helps you both move forward to connect with more specialised support.

The Assessing Suicide in Kids Workshop

(In person delivery)

This one day training specifically addresses suicide risk in children and gives participants developmentally appropriate strategies and tools to identify young children at risk of suicide and quickly gather and organise key details needed to assess risk and inform safety planning

Supporting those bereaved through suicide

(Virtually delivered)

This half day workshop aims to improve knowledge, skills and understanding in supporting those bereaved through suicide. The workshop is delivered in partnership with Rosedale Funerals. Research shows that in the absence of appropriate support, those who have been bereaved through suicide can often be more vulnerable to go on to experience thoughts of suicide or die by suicide themselves.

Suicide First Aid Lite

(Virtually delivered)

The Suicide First Aid Lite is a 4 hour course gives learners the knowledge and tools to understand that suicide is one of the most preventable deaths and some basic skills can help someone with thoughts of suicide stay safe from their thoughts and stay alive.

Failure to attend following registration will incur a charge to employer

For more info please visit

www.nelsuicidepreventiontraining.co.uk

Safe Connections – Local Support For People Facing Suicide

