

LB Tower Hamlets Voluntary and Community Sector Grants Programme

Prevention Theme

Promoting grass roots activity to reduce the need for statutory services.

This theme has a particular focus on activity organised at a local level which addresses issues that affect residents and communities before they become serious problems. Activities supported in this theme should aim to build on the skills, experience and other resources that already exist in local communities to make them more resilient and less likely to need to rely on statutory services to meet their needs.

Rationale for grant funding

Empowerment	responsive to new and emerging needs
Innovation	provides the financial means for communities to do things for themselves
Flexibility	can adjust to meet changing needs
Reach	can be accessible to groups which would not otherwise be able to get funding through contractual arrangements
Risk	shares the risk of new innovation between the provider and the funder
Cost effective	can lever in other resources to support community activity

Meets all six criteria for grants, in particular:

- **Innovation**
- **Flexibility**
- **Reach**

Community Plan and Corporate Plan Priorities

C1	Strong, resilient and safe communities	
C2	Better health and wellbeing	
C3	Good jobs and employment	
C4	A better deal for young people – aspiration, education and skills	
S1	Creating opportunity by supporting aspiration and tackling poverty.	
S2	Creating and maintaining a vibrant and successful place.	
S3	Working smarter together as one team with our partners and community.	

Theme priorities

1. Helping people care for one another's health and wellbeing (C2)
2. Helping older people maintain physical health (C2)
3. Social prescribing (particularly mental health) (C2)
4. Supporting individuals and families affected by welfare reforms (S1)
5. Reducing extremist behaviour (C1)
6. Youth mentoring (C4)
7. More activities or awareness of what is youth (C4)

Theme outcomes

1. **Reduce the demand for public services**

2. **Improved health and wellbeing.** Increase the proportion of people who feel their health and welfare needs can be met within the community

Examples of projects and activities

- Peer group support for fathers to improve parenting skills and enhance relationships with children
- Gateway advice service organised by and for a particular community
- Chair aerobics classes for older people

Eligibility

1. This theme will give priority to organisations with a turnover of less than £30,000 per annum and projects submitted by larger organisations which demonstrate strong involvement of local people such as projects where an established organisation is supporting a new or un-constituted group.

Levels of Funding Available

1. Up to £500 – one off
2. Over £500 up to £5,000 – up to one year with potential extension for second year

Application process

1. Up to £500
Single stage – simplified form
2. Over £500 up to £5,000
Single stage – standard form

Deadlines

Monitoring arrangements

1. Up to £500 – end of project report
2. Over £500 up to £5,000 – Six month progress report and annual/end of project report and visit.

Contact details for further information

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